

Bachelor of Science in Exercises and Sport Science, 2022-2023

USC Upstate		Credits	York Technical College Recommended course transfer equivalencies**
Associate's Degree Completed (check one)			
Associate's Degree	Associate's of Arts or Associate's of Science satisfies comprehensive transfer of credit. General education courses satisfied. Transfer-in block with Associate's Degree	<input type="checkbox"/> AA <input type="checkbox"/> AS	Major specific courses required in addition to or transferred in with degree: MATH U127, BIOL U101/L, AND CHEM U111/L Visit my.sc.edu/codes/transferequiv/index for a full list of transferable courses
Exercise Science Transfer Notes	1. A <u>maximum</u> of 76 hours from a technical college program may be counted towards degree credit at USC Upstate. All courses transferred for degree credit must have a minimum grade of "C" 2. Additional pre-requisites may be required prior to registration in upper-level coursework.		

Recommended course transfer equivalencies

I. Communication			
English	ENGL U101 or HONS U101; ENGL 102	6	ENG 101, 102
Speech	SPCH U201	3	SPC 205
II. Mathematics, Logic, & Natural Sciences			
Mathematics	MATH U102 and U120 or higher (MATH U127 recommended for Health Sciences)	6	MAT 120 and 103, 109, 110, 130, 220, 215, 240 or 242
Natural Science (w/lab)	CHEM U109/L or CHEM U111/L and BIOL U110/L or 101/L (recommended) or other lab science with advisor approval	8	CHM 105 or 110 and BIO 101 OR 105
III. Information Technology			
Info Tech	CSCI U138, U150; DGST U101; INFO U101, U102; MUSC U162	3	CPT 101, 170
IV. Fine Arts, Humanities & History <i>Choose one course from each of the following two sections.</i>			
Fine Arts	ARTH U101, U105, U106; MUSC U110, U140; THEA U161, U170	3	ART 101, 107, 108; MUS 105; THE 101, 105
History	HIST U101, U102, U105, U106	3	HIS 104, 105, 201, 202
Fine Arts, Humanities and/or History	AFAM U204; AMST U101, U102; ENGL U250, U252, U270, U279, U280, U283, U289, U290, U291; PHIL U102, U211; RELG U103; SOST U201	3	ENGL 201, 202, 205, 206, 208, 209, 234; PHI 101; REL 201
V. Foreign Language and Culture			
<i>The minimum acceptable level of competency is completion of the 101 level of a language. Students who place in the 102 or higher level of a language satisfy the language requirement but will have additional hours in general education electives, if hours are required by their degree program.</i>			
Foreign Language	ASLG U101; CHIN U101; FREN U101; GERM U101; SPAN U101	3	ASL 101; FRE 101; GER 101; SPA 101

VI. Social and Behavioral Sciences			
Social & Behavioral Science	PSYC U101 and one of the following: AFAM U201; ANTH U102; ECON U221, U222; GEOG U101, U103; POLI U101, U200; SOCY U101; WGST U101	6	PSY 201 and one of the following; ANT 101; ECO 210, 211; GEO 101; PSC 201; PSY 201; SOC 101
Major Requirements			
Sport Science Core (required for all majors)	EDHL U221; BIOL U243, U244; EDPH U128, EXSC U280, U301, U302, U390, U480, U499	34	BIO 210 and 211
Academic Concentration <i>One of the following</i>			
Exercise Science	EDPH U124, U129, U180, U320, U325, U415; EXSC U401, U455, U456, U457, U459, U467	19	
Medical Fitness	Choose 2 credit hours from EDPH U124, U129, or U180; EXSC U355, U401, U455, U456, U459	20	
Strength and Conditioning	EDPH U320, U415; EXSC U270, U457, U459, U467	19	
Electives			
Electives		0-7	
Minor or Health Science Emphasis			
Minor		18-24	
Health Science Emphasis	BIOL U102; CHEM U112; PSYC U310; PHYS U201, U202	15-19	BIO 102; CHM 111 or 112; PHY 201, 202
Total USC Upstate hours required for graduation		120	

**** Please refer to the transfer guide in the USC Upstate catalog, pages 22-23 at <http://www.uscupstate.edu/academics/catalog> for complete transfer options.**