

**JESSICA R. STOELTING, DNP, MSN, RN**  
**Greer, SC**

**jstoelti@uscusptate.edu**

**Mobile: 716-572-1246**

**EDUCATION**

**Post-Master's Certificate in Psychiatric Mental Health Nurse Practitioner**  
*University of South Carolina* 2024  
**DNP in Nurse Executive Leadership** 2020  
*University of South Carolina*  
-Impact of Mindfulness Meditation on Perceived Stress in Older Adults  
**MSN Nursing Education**  
*Grand Canyon University* 2015  
**AAS Nursing**  
*Niagara County Community College* 2013  
**BS Biotechnology**  
*Penn State University* 2000

**LICENSURE**

South Carolina RN, No. 230039, Expires 4/2026-national compact license  
South Carolina APRN No. 28915  
North Carolina APRN No. 5020273

**CERTIFICATION**

BLS for healthcare providers, Expires 5/2025  
Quality Matters Applying the QM Rubric 2022  
Quality Matters Peer Reviewer Course 2022  
NEI Master of Psychopharmacology-April 2024  
ANCC-PMHNP-Board Certified May 2024  
Trauma-Informed Care/The Center for Healing 2024

**APPOINTMENTS**

Senior Instructor-Full Time 2016-present  
Mary Black College of Nursing  
University of South Carolina Upstate  
Spartanburg, SC  
  
Adjunct instructor 2015-2016  
College of Nursing  
Greenville Technical College  
Greenville, SC  
  
Adjunct instructor 2015  
College of Nursing  
Niagara County Community College  
Sanborn, NY

## **CLINICAL EXPERIENCE**

Psychiatric Mental Health Nurse Practitioner <i>Blue Sky Telepsych, North Carolina</i>	2024-present
Registered Nurse <i>Carolina Center for Behavioral Health, Greenville, SC</i>	2021-2024
Occupational Health Nurse/Health Coach <i>TargetCare, Greenville, SC</i>	2018-2021
Vaccination Nurse <i>Passport Health, Greenville, SC</i>	2015-2016
Registered Nurse Maternity Unit-OB clinic, Labor and Delivery, Postpartum, Newborn Nursery <i>Mount St. Mary's Hospital, Lewiston, NY</i>	2013-2015
Nursing Assistant <i>Mount St. Mary's Hospital, Lewiston, NY</i>	2012-2013

## **PROFESSIONAL WORK EXPERIENCE**

GlaxoSmithKline Pharmaceuticals, Buffalo, NY <i>Senior Therapeutic Sales Professional</i> Functioned as a consultant to Primary Care Physicians and Specialists in Buffalo North, Central, East and Southtowns territories.	2003 – 2010
Healthsouth / Sports Physical Therapy of NY, Buffalo, NY <i>Marketing Representative</i> Coordinated marketing of rehabilitation services to targeted orthopedists, internists, family practitioners, pediatricians, OB/GYNs and neurologists resulting in increased patient referrals to our three facilities.	2001 – 2003
Novartis Animal Health, Pittsburgh, PA <i>Territory Specialist</i> Coordinated sales and marketing of canine and feline medications to veterinarians. Worked with office managers to ensure appropriate ordering of product for each clinic	2000 – 2001

## **TEACHING ACTIVITIES**

### **New Course Development/Course Major Revisions**

Foundations of Nursing course revision  
Genomics in Nursing-course creation  
Autoimmune disease-course creation

## Summary of Courses Taught-USC Upstate

NURSU 807 Healthcare Economics, Policy and Finance*	2024
NURSU 711 Health Care Delivery Systems*	2023
NURSU 713 CNL Practicum I*	2022
NURSU 732 CNL Practicum III*	2022
NURSU 730 Outcomes Evaluation in Healthcare Systems Leadership*	2022, 2023
NURSU 721 Quality and Risk Management in Health Systems Leadership*	2021
NURSU 320 Foundations of Nursing, Course Coordinator	2016-2022
NURSU 340P Nursing of Childbearing Women	2020-present
NURSU 351P, 441P Psychiatric Mental Health Nursing Practicum	2023
NURSU 420 Autoimmune Disease*	2020-present
NURSU 420 Genomics in Nursing, Course coordinator*	2019-present
NURSU 430 Leadership in Nursing Practice*	2019
NURSU 420 Pathophysiology	2017-2018
NURSU 497 Professional Nursing Issues*	2017, 2019, 2021
NURSU 499 Senior Practicum	2017
NURSU 310 Health Assessment	2017

\*Online courses

Clinical courses:

Psychiatric Mental Health Nursing	USC Upstate	2023-present
Childbearing Families, WH	USC Upstate	2020-present
Med-Surg I	Greenville Technical College	2016
Fundamentals of Nursing	Greenville Technical College	2015-2016
Women's Health/OB	NCCC	2014-2015

## Mentorship

Mentorship of MSN in nursing education student from Spring Arbor University, Fall 2019  
New faculty member mentor Spring 2021, 2023  
Course Mentor NURSU 320 2021-2022

## Advisement

Student advisement-pre-licensure and RN to BSN students 8-18 students per semester

## SCHOLARLY ACTIVITIES

### ***POSTERS***

Mindfulness Meditation as a Stress Mediator in Older Adults -SCNA Annual Convention 2022

### ***DNP PROJECT***

Impact of Mindfulness Meditation on Perceived Stress in Older Adults

### ***CONFERENCES AND WEBINARS ATTENDED***

Addressing Addiction in Higher Education

Lock her up: The Truth About Female Incarceration

Mass Sterilization: Not Just History  
 The Power of Habit training  
 Next Generation NCLEX with ATI  
 How to Increase Employee Productivity  
 Diana Damron: Civility Unleashed  
 Dr. Cynthia Clark Civility Matters  
 Nursing Competency Based Education: Developing Nurses in Uncertain, Complex Times  
 Wound Con-Biofilm-Wound-Based Care  
 Teaching for Academic Resilience  
 I don't need help-Supporting people who can't see their mental illness  
 Virtual Reality in Mental Health  
 Embracing Neurodiversity  
 Frontiers in Addiction Research  
 NCSBN Item Writing Course  
 Quality Matters certification courses-completed August 2022  
 SCNA convention-2022  
 APA convention-Washington DC-2023  
 NEI Master of Psychopharmacology  
 ECG Level 1-2022  
 MSUD training-2024  
 AI in Higher Education meeting-USC Upstate 2024

### ***WEBSITE***

AskJessicaRuth blog for educational purposes ([askjessicaruth.blogspot.com](http://askjessicaruth.blogspot.com))

## **SERVICE**

### **Professional Service**

Volunteer Nurse, Taylor's Free Medical Clinic-diverse and underserved population	2021-2022
Volunteer Camp Nurse, Grace Church	2018-2020

### **University Service**

Curriculum review subcommittee	2023-present
Chair, Faculty Search Committee	2022-present
General Education Committee	2019-present
Member, Faculty Search Committee	2017-present
Mary Black School of Nursing Historian	2020-present
Scholarship Review Committee	2021-present
Member, Curriculum Re-Evaluation Sub Committee	2023
Member, ATI Taskforce	2016-2023
Director, ATI Committee	2023
Curriculum Committee	2016-2018
Grievance Review Committee	2017

### **Community Service**

Volunteer and Foster, Day Before the Rainbow Rescue	2019-present
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- Volunteer, RichGlen Subdivision, Greer, SC 2017-2022
- Started Compassion Club to get neighbors involved with helping other neighbors through times of need
  - Resource finder for neighbors in need
- Member, Oak Grove Subdivision Homeowners Association, Greenville, SC 2021-2024
- Volunteer, Greer Relief 2020-present
- Volunteer, Ridgewood Bible Church, Lockport, NY 2006-2014
- Teens in Training Team Leader/Mentor (girls grades 3-6)
  - Nursery Collaborator (birth-age 4)
  - Vacation Bible School Teacher and Sunday School Teacher (various ages)
- Memorial Blood Bank, Lehigh Valley, PA 2011
- Coordinated blood drive from a distance in honor of relative injured in motorcycle accident

## **PROFESSIONAL ORGANIZATIONS**

South Carolina Nurses Association  
 SCNA PMHNP Chapter  
 American Psychological Association  
 American Psychiatric Nurses Association

## **AWARDS**

Nominated for Excellence in Teaching Award 2018

Nominated for Daisy Award 2023