

Sahreen Bhanji

MSN BSN

107 General Store Way
Greer SC 29650
Office phone number: 864-503-5449
Cell phone number: 843-597-6915
Sbhanji@uscupstate.edu

South Carolina Board of Nursing Compact License Number: 242684

EDUCATION

<i>Particulars</i>	<i>Institution</i>	<i>Year</i>	<i>Achievements</i>
Masters of Science in Nursing (MScN)	Aga Khan University – School of Nursing	2014	Secured 3.53 GPA
Bachelor of Science in Nursing (BScN)	Aga Khan University – School of Nursing	2010	Secured 3.68 GPA
HSC Part I + II	Aga Khan Higher Secondary School, Karimabad	2006	Secured A grade
O'levels	St.Michael's Convent School Clifton Karachi.	2004	1A 4B 3C 1 D

WORK EXPERIENCE

Nursing Instructor

University of South Carolina Upstate Mary Black College of Nursing, USC Upstate.

Course Assignment for Summer 2024

Professional Issues in Nursing (RN-BSN)
Health Alterations I (Medical Surgical Nursing)

Courses assignment for Spring 2024

Health Alterations I (Medical Surgical Nursing)
Fundamentals of Nursing practicum, labs and simulations

Courses taught in Fall 2023

Health Alterations II (Medical Surgical Nursing)
Fundamentals of Nursing practicum, labs and simulations

Course taught in Spring 2023

Health Alterations II (Medical Surgical Nursing)
Health Alterations I (Medical Surgical Nursing)

Registered Nurse (PRN)

Prisma Health Psychiatry- Ambulatory Practice (July 2023-present)

Registered Nurse Supervisor

Currently working as a PRN- Registered Nurse at National Healthcare Greenville. Greer, SC.

Worked as a full-time RN at National Healthcare Greenville. Greer, SC (January 2020- December 2022).

Registered Nurse supervisor

Worked as a Registered Nurse at National Healthcare Parklane. Columbia, SC February 2018- December 2019

Nursing Instructor

Worked as Nursing Instructor at The Aga Khan University School of Nursing and Midwifery Karachi, Pakistan from March 2016 till December 2016

Responsibilities:

1. Facilitating students during their clinicals.
2. Teaching various nursing courses such as pediatric nursing and adult health nursing.
3. curriculum planning and resource development.
4. Developing Teaching resources, assessments (summative and formative), and evaluations

Senior Lecturer

Worked as a senior lecturer at the Liaquat National Hospital, College of Nursing from March 2015 till February 2016.

Subjects Taught at BScN level:

Evidence Based Research, Pathophysiology, Adult Health Nursing, Health Assessment, Medical Surgical Nursing, and Pediatric Health Nursing.

Responsibilities:

1. Developing Teaching resources, assessments (summative and formative), and evaluations.
2. Facilitating students during their clinicals
3. Assisting teachers in curriculum planning and resource development
4. Conduction sessions for staff nurses under the Nursing Education Services on various topics (critical thinking, health assessment)
5. Preparing documents for the upcoming PNC inspection
6. Preparing documents for the upcoming ISO Audit

Registered Nurse

Worked as a Registered Nurse in Medical-Surgical Ward at the Aga Khan University Hospital; from August 2010 till August 2012 in the following capacities:

1. **Team Leader:** Worked as a team leader (November, 2011 to August, 2012)
2. **Special Care Unit (SCU) Nurse:** worked as a special care unit nurse (June,2012-August,2012)
3. **Clinical Preceptor:** Worked as clinical preceptor in Medical-Surgical Ward for year IV BScN student for two months (May2012-June 2012).

PROFESSIONAL LICENSES AND CERTIFICATIONS

- Clinical training for Neurostar Transcranial magnetic stimulation August 2024.
- ATI Champion August 2024
- NCLEX September 2017
- Registered with Pakistan Nursing Council (PNC) as Registered Nurse.
- Certified Basic Life Support (BLS)

COMMUNITY SERVICE

- Member of Aga Khan Health board 2022-2023
- Currently Serving as Principal for Spartanburg Religious Education Centre since August 2022
- Involved in various activities/portfolios along with the Ismaili Council for Southeastern USA.

IT PROFICIENCY

- Hands on SPSS for data entry and analysis
- Proficient in MS Office 2007 suite. Advanced Skills in Microsoft Word, Microsoft Excel, and Microsoft PowerPoint.
- Skilled in academic and manuscript writings, poster and oral presentations.
- Hands on EMARS and Matrix Care

SYMPOSIUMS AND WORKSHOPS ATTENDED

- Attended a day workshop on "**Hurdles and Challenges in Manuscript Publication**" on **27th January, 2016** at Liaquat National Hospital.
- Attended the Introductory Short Course in **Health Professions Education** (ISC - HPE) held from September 19-23, 2016 by department of educational development, faculty of health sciences AKU
- **Team Leader Development** Workshop By Nursing Education Services
- 17th National Health Sciences Research Symposium & Workshop "**Non-communicable Diseases**" 2014
- Jinnah Sindh Medical University APPNA Institute of Public Health Inaugural Symposium "**Building the Link Between Health Care Providers and Communities: A public Health Perspective**" 2013
- **End of Life Care** at AKU by Department of Continuing Professional Education (2013)
- One day **Service Excellence** Refresher Session
- One Day **Wound & Pressure Ulcer Management** Workshop at AKUH, Division of Nursing Services
- One day **Stoma care** Workshop at AKUH, Division of Nursing Services
- One Day Workshop on **Child Abuse Prevention** at Aga Khan University – SON

-
- Category 1 credit Certificate for Advanced Management of Stroke
 - International Nurses' Day 2008 at Aga Khan University
 - International Nurses' Day 2010 at Aga Khan University
-

PROFESSIONAL DEVELOPMENT

- ATI proctor certification 1/23/2023
- USC Upstate Online Teaching Certification 8/15/2023
- Participated in a workshop on Successful development of test items and exams for a nursing curriculum on 8/16/2023.
- Participated in the New faculty and mentor Lunch and Learn on 9/22/2023.
- Participated in AACN Nursing student success workshop on 1/8/2024.
- Participated in a day workshop "Youth Mental Health First Aid Training" on 6/25/2023. The training was intended to teach skills for providing initial help to young men and women experiencing mental health or substance use challenges.
- Started a new prn job at Prisma health outpatient psychiatry in July 2024 to enhance my nursing experience in the said field.
- Served as member of workshop and planning committee, International Nurses day 2016, Aga Khan University
- Participated in a focus group discussion during the 43rd STTI Biennial convention 2015 held at Las Vegas, USA on Nov 7, 2015 to discuss the activities and evaluate the success of Sigma Theta Tau International and its way forward.
- Attended a two- days workshop on "effective written feedback" by Dr. RaisaGul held at AKUSONAN on August, 31- Sept 1, 2015
- MScN research thesis on "Social Determinants of Depression among HIV positive Patients in Karachi Pakistan". (2014)
- Reviewer for the Journal of Pakistan Medical Association (Voluntary)
- Reviewer for the Journal of Pioneering Medical Sciences(Voluntary)
- Carried out a mortality and morbidity session on " Accidental dislodgement of OETT tube" for medical surgical nurses and allied staff in June, 2012
- Preceptorship for BScN year 4 student in their Senior Elective Course (2012) for Six weeks
- Prepared Logical Framework Analysis (LFA) for HANDS NGO on "Sexual and Reproductive Health issues of Adolescents" (2013)
- Carried out one day work shop with the name of " Health Assessment" for Midwives and Registered Nurses in Garden Maternity Home (2010)

RESEARCH INTEREST

- Nursing Education
- Geriatrics/ long term/ skilled nursing
- Psychiatric/Mental Health

PUBLICATIONS

Till to Date: Total 11 publications

International Journals (As Author or Co- author): 08

National Journals: (As Author or Co- author): 03

Parpio, Y., **Bhanji, S.M.**, Punjani, N. S., & Farooq, S. (2013). Critical Realism: Tenets and Application in Nursing. *International Journal of Innovative Research and Development*.

Bhanji, S. M. (2013). Respect and Unconditional Positive Regard as Mental Health Promotion Practice. *J Clin Res Bioeth*, 4(147), 2.

Bhanji, S. M. (2013) Health Care Ethics. *J Clin Res Bioeth*, 4(142), 2.

Bhanji, S. M. (2012). Comparison and Contrast of Orem's Self Care Theory and Roy's Adaptation Model. *Journal of Nursing*, 1(01), 48-53.

Bhanji, S. M. (2013) Welcoming Future Nurses: Preparing undergraduate nursing students for role transition. *i-Manager's journal on nursing*, 3(4)

Bhanji, S.M. & Punjani, N.S. (2014) Determinants of Child (Early) Marriages among Young Girls- A Public Health Issue. *J Women's Health Care* 3: 161. doi:10.4172/2167-0420.1000161 (In press)

Punjani, N. S. & **Bhanji, S. M.** (2014). ROLE OF THERAPEUTIC COMMUNICATION IN DEALING WITH AGGRESSIVE PATIENTS. *i-Manager's journal on nursing*, 3(4).

Bhanji, S. M. & Punjani, N.S. (2014). ETHICS GOVERNING ANTENATAL SCREENING AND ITS IMPLICATIONS. *i-manager's journal on nursing*, 4(2).

Punjani, N. S. & **Bhanji, S. M.** (2014). ORGANIZATION REPORT: PRIVATE SCHOOL OF NURSING AT KARACHI, PAKISTAN. *International Journal of Endorsing Health Science Research*, 2(1).

Punjani, N. S., Shams, S. & **Bhanji, S. M.** (2014). ANALYSIS OF HEALTH CARE DELIVERY SYSTEMS: PAKISTAN VERSUS UNITED STATES. *International Journal of Endorsing Health Science Research*, 2(1).

Punjani, N. S., **Bhanji, S.M.**, Meghani, S.R., Shah, M. (2014). HEALTH CARE ETHICS – AM I DYING. *International Journal of Endorsing Health Science Research*, 2(1).

Blogs

Total 6 blogs published to date in the journal of pioneering medical sciences

Bhanji, S. M. (January 22, 2014). In Perspective: Implications of Using Physical Restraints in Clinical Settings. Retrieved from <http://blogs.jpmsonline.com/2014/01/22/in-perspective-implications-of-using-physical-restraints-in-clinical-settings/>

Bhanji, S. M. (August 1, 2013). Will Nursing Get the Same Respect as Male Dominated Professions? Retrieved from <http://blogs.jpmsonline.com/2013/08/01/will-nursing-get-the-same-respect-as-male-dominated-professions/>

Bhanji, S. (2014, May). When There is No Way Out: The Importance of Caring For The Caretakers. Retrieved from <http://blogs.jpmsonline.com/2014/05/29/4767/>

Bhanji, S. M. (2014) Teaching Strategies: Using Feedback to Promote Learning. Retrieved from <http://blogs.jpmsonline.com/2014/07/11/teaching-strategies-using-feedback-to-promote-learning/>

Bhanji, S. M. (2014) Reflections: Learning to Teach Undergraduate Nursing Students. Retrieved from <http://blogs.jpmsonline.com/2014/07/06/reflections-learning-to-teach-undergraduate-nursing-students/>

Bhanji, S. M. (2014) Dealing with Difficult Students: A Psychological Approach. Retrieved from <http://blogs.jpmsonline.com/2014/06/30/4923/>

Oral/ Scientific Presentations

Bhanji, S.M., (2015) "Social determinants of depression among HIV positive patients in Karachi, Pakistan". **Oral Presentation at the 3rd OMICS international conference on HIV/AIDS in Atlanta, Georgia, USA November 30 -2 December, 2015.**

Bhanji, S.M., (2015) "Social determinants of depression among HIV positive patients in Karachi, Pakistan". **Oral Presentation at The Honor Society of Nursing, Sigma Theta Tau International 43rd Binneal Convention in Las Vegas, Nevada, USA, November 7- November 11, 2015.**

Bhanji, S.M., (2014). Welcoming future nurses: Preparing undergraduate nursing students for role transition. **Accepted for Oral Presentation at the 25th International Nursing Research Congress in Hong Kong, 24-28 July 2014**

Scientific Posters

Punjani, N. S. & **Bhanji, S.M.** (2014, February). *Implication of social media in health care practice*. Poster session presented at 17th National Health Sciences Research Symposium, Karachi; Pakistan.

Bhanji, S. M. & Punjani, N. S. (2013, December). *Welcoming Future Nurses: Preparing Undergraduate Nursing Students For Role Transition*. Poster Session presented at 8th international Research Assembly, Karachi; Pakistan.

Siraj, S., Surani, A., Punjani, N. S. (2008, May). Experience of First Year Nursing Students in Community Health Setting. Scientific Poster presented at International Nurses Day. Karachi; Pakistan.
