

Tamara Tackett, MSN, FNP-C
Medical Group of the Carolinas Critical Care Medicine Nurse Practitioner
University of South Carolina, Upstate, Adjunct Faculty

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EDUCATION

DNP	Francis Marion University, Florence SC	August 2023
MSN	University of South Carolina, Columbia, SC <i>Specialty: Family Nurse Practitioner</i>	2010
BSN	Capital University, Columbus, Ohio	1988

LICENSURE, CERTIFICATIONS, and CREDENTIALS

2023 Grant Seeking Essentials
 2023 CITI Ethics Training
 2020 Credentialed for large bore chest tube placement
 2017 Credentialed for intubations, thoracentesis and paracentesis, lumbar puncture, central line, and arterial line placement
 2017 Fundamentals of Critical Care course
 2011 Credentialed for nuclear cardiac stress testing
 2010 AANP certification as Family Nurse Practitioner #F0211063
 1990 Advanced Cardiac Life Support
 1994 CCRN
 1988 CPR, basic life support
 1988 Registered Nurse Ohio

CLINICAL POSITIONS

2023-present	Part-time APRN, Critical Care Medicine, Spartanburg Regional, SC
2017-2023	Full-time APRN, Critical Care Medicine, Spartanburg Regional, SC
2014-2017	Full-time System manager of Cardio-Pulmonary labs for Spartanburg Regional, SC
2011-2014	Full-time APRN, Inpatient Medicine, Part-time APRN Cardio-Pulmonary lab, Spartanburg Regional, SC
2009-2011	Full-time clinical unit educator for Cardio-Vascular Recovery unit, Spartanburg Regional, SC
2006-2009	Part-time staff RN and relief Charge Cardio-vascular Recovery unit, Spartanburg Regional, SC
2000-2006	Part-time staff RN and Charge RN for Cardio-vascular Recovery Unit, Gastonia, NC
1996-2000	Part-time staff RN for Medical intensive care unit
1993-1996	Part-time staff RN for Surgical/Trauma/Cardiac intensive care, Aiken, SC
1991-1993	Full time, Officer in Charge, Coronary Care Unit and Medical Intensive Care, Eisenhower Army Medical Center, Ft Gordon, Augusta, GA
1990-1991	Full-time, Medical Intensive Care Unit, Brooke Army Medical Center, San Antonio, Tx
1988-1990	Full-time, medical-surgical floor, Eisenhower Army Medical Center, Ft Gordon, Augusta, GA

ACADEMIC POSITIONS

2013-present	Adjunct Clinical Faculty, University of South Carolina Upstate, Spartanburg, SC
2017-2018	Adjunct Professor, University of South Carolina Upstate, Spartanburg, SC

HONORS AND AWARDS

- 2010 Sigma Theta Tau
- 2009 USC Virtual Conference: Best in Category/Graduate Scholarship Project
- 2004 Gaston County Volunteer Award.
- 2004 Girl Scout Outstanding Volunteer Award.
- 2002 "Great 100 Nurses of North Carolina."
- 1993 Army Commendation Medal
- 1992 Army Achievement Medal.
- 1990 Distinguished Honor Graduate, Critical Care Course

PRESENTATIONS

National

Tackett, T (2018): Spacelabs Healthcare Exposition Hall Education Sessions: Sepsis in the ICU. National Teaching Institute. Boston, MA (May 21-24, 2018).

Local

Tackett, T (2016, 2017 and 2018): **Presentation:** *Basic Arrhythmia. University of South Carolina Upstate, Mary Black School of Nursing Spartanburg, SC*

COURSE DEVELOPMENT

Undergraduate

N450-P	August 2019 and 2022; Revised clinical competency assignments. Developed new assignments focusing on utilizing patient scenarios to encourage critical thinking. Assignment aligned with didactic learning
N450-P	August 2016; Revised clinical assignments. Utilizing a patient scenario, students created a PowerPoint presentation regarding specific pathophysiology, which was presented to their peers.
N450	Spring semester 2017; revised the PowerPoint presentations for <i>med-surg three</i> didactic focusing on updating guidelines and incorporating ATI modules
N450-P	August 2013; Developed EKG strips for interpretation during clinical post-conference

Professional

2023	Assistance with crisis intervention training for hospital staff, a monthly four-hour lecture and simulation exercise for hospital staff to familiarize themselves with crisis intervention.
2022	Assistance with developing orientation manual for APRNs onboarding in the intensive care unit.
2017	Developed a holding area for echo and stress lab patients previously waiting in the halls
2016	Development of a cardiac sonographer quarterly education program with associated CEUs
2016	Revised and created policies for system-wide cardio-pulmonary labs
2015	Re-Accreditation of cardiac sonography department via Intersocietal Accreditation Commission
2015	Implemented an online platform for cardiac stress test interpretation and EKG interpretation throughout the hospital system (4 hospitals)
2014	Revised outpatient echo process, decreasing inpatient echo "turn-around time" by 16 hours
2014-2017	Increased staff engagement score from 22% to 58% in my first year as manager. Maintained engagement scores greater than 55% for the duration of my role as manager.
2013	Assisted with the creation of the <i>Rapid Treatment Unit</i> , a hospital observation unit housed in the ER
2009	Assistance with the creation of the <i>Cardiac Odyssey Program</i> , A four-month onboarding and training program for new graduate RNs entering the hospital system in the Heart Center. Weekly 4-hour didactic sessions of pathophysiology, recognition, and treatment of acute processes and simulation.
2008	Revised policies in Cardio-Vascular Recovery Unit to align with current practice guidelines

COURSES TAUGHT

Undergraduate

N450, Advanced Medical-Surgical, 3 credits, 100% live

Dates

Spring 2018, 32 students

Fall 2017, 35 students
 Spring 2017, 28 students

N450-P Advanced Medical-Surgical Clinical, (3 credits, BSN clinical instructor)

Fall 2013 through Spring 2024, typically 1-2 groups of 6-8 students, with each group requiring 4 (12) hour clinical days per semester and one clinical simulation

PROFESSIONAL SERVICE

Community Services

- 2022-2023 Alzheimer Association fund-raiser. Team Captain for 2023
- 2021-2023 Greenville City Volunteer (various events)
- 2015-2022 Susan Komen Breast Cancer fund-raisers (annual walk, silent auction)
- 2007-2018 ACLS instructor, a minimum of five classes taught annually

Professional Membership

- American Association of Nurse Practitioners
- Upstate Nurse Practitioner Association
- Society of Critical Care Medicine
- South Carolina Nurses Association
- American Association of Critical Care Nurses

Professional Development

APRN Student Preceptor	2022 (1) student, 2021 (2) students, 2020 (1) student 2019 (2) students, 2018 (2) students
Annual total CME	2023 48.50 hours (live conference, online class, UpToDate)
(educational activity specifics available upon request)	2022 43.25 hours (live conference, online class, UpToDate)
	2021 54.27 hours (live conference, online class, UpToDate)
	2020 67.07 hours (Online class, UpToDate)
	2019 59.80 hours (live conference, online class, UpToDate)
	2018 38.88 hours (live conference, conference presentation, UpToDate)
	2017 62.75 hours (live conference, online class, UpToDate)