

Locations

CLC CAFÉ

The CLC Café offers everything from the comfort of a home cooked meal to international cuisine, multiple vegetarian options and more. Diners can choose from different stations serving entrées and vegetables, pizza, pastas, deli sandwiches, grilled items, desserts and a fresh salad bar. We offer a full breakfast along with cereal, bagels, muffins, fruit and waffles.

BOAR'S HEAD DELI

Located in the Health Education Complex. Boar's Head is the delicatessen brand committed to providing the highest-quality products you have trusted for over 110 years.

ISLAND OASIS

Located inside Boar's Head, our premium smoothies and treats are made with real fruit and premium ingredients. Try a smoothie, frappe, frozen lemonade and more. The possibilities are endless!

PerkUP

Located in the Library, PerkUP is the best place to get your caffeine fix on campus. We proudly serve Starbucks blend hot and iced beverages, frappuccinos, lattes and a line of premium Teavana Teas. PerkUP is the perfect place to grab a cup of coffee, a sandwich, salad or pastry on your way to class.

WOW AMERICAN EATS

Located in the Smith Building. WOW serves award winning wings with signature sauces and spice rubs, hamburgers, salads, wraps, vegetarian options and more. Our chicken is fresh, never frozen. Our hamburgers are hand-pattied, made to order and our signature sauces are prepared using only the finest ingredients. From kitchen to plate we strive to deliver quality food, every time.

HISSHO SUSHI

Located in the Smith Building. Have it made your way! Enjoy sushi made fresh every day with premium ingredients and a variety of choices including grab and go options.

JUST BAKED

Located in the Health Education Complex, our Just Baked kiosk delivers hot, fresh food 24/7. Choose from a variety of breakfast, lunch, dinner and dessert options!

Connect



Stay up to date on special events and promotions by **texting "SaveUP" to 82257** for students and "UpstateParent" for parents.



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UPSTATE
University of South Carolina

DINING SERVICES

Welcome

Welcome to Upstate Dining. Your dining experience is more than great food. We are a community centered on culinary expertise, fresh ingredients, healthy options and a shared sense of environmental and social responsibility. Our team is committed to creating the best possible dining experience for you right here on campus. Join us for comfort, convenience, outstanding food and an inviting atmosphere designed especially for you.

Nutrition and Special Dietary Needs

Upstate Dining offers a variety of clearly labeled vegetarian and vegan options at multiple dining stations. From new twists on classic favorites to specialty dishes tailored to your needs, vegetarian and vegan diners will find plenty of options to satisfy their appetites. Healthy eating can be hard. Our team strives to make healthy eating the easy choice.

We are committed to offering healthy proteins, whole grains and variety of fruit and vegetables at every meal.

Get Yours Today!

To purchase any meal plan or make changes to an existing plan, visit the Cashier's Office located in the Health Education Complex. If you have questions about any of the meal plans, please call Upstate Dining at 864-503-5900.

RESIDENT PLANS*

PLATINUM PLAN

Includes 19 entries to the dining hall weekly and \$200 in Spartan Points to be used at any of our dining locations on campus. *This is the minimum plan required for Magnolia/Palmetto Residents.*

PLATINUM PLUS PLAN

Includes 19 entries to the dining hall weekly and \$200 in Spartan Points to be used at any of our dining locations on campus. This plan also includes 5 retail swipes per week that can be used for a meal at any of our participating retail locations on campus.

VILLA GOLD

Includes 9 entries to the dining hall weekly and \$250 in Spartan Points to be used at any of our dining locations on campus. *This is the minimum plan required for Villa Residents.*

VILLA GOLD PLUS

Includes 9 entries to the dining hall weekly and \$250 in Spartan Points to be used at any of our dining locations on campus. This plan also includes 5 retail swipes per week that can be used for a meal at any of our participating retail locations on campus.

VILLA SILVER 100 BLOCK PLAN

Includes 100 meal swipes that can be used throughout the semester in the CLC Café and \$575 in Spartan Points to be used at any of our dining locations on campus.

*All resident plans include five guest meal swipes for use in the CLC Café.

COMMUTER PLANS

SPARTAN 125

This plan is automatically assigned to all commuter students for use at all campus dining locations.

SPARTAN 150 FLEX

This plan can be added on to any meal plan or purchased separately and includes \$150 in Spartan Points plus an extra \$15 to be used at any of our dining locations on campus.

SPARTAN 200 FLEX

This plan can be added on to any meal plan or purchased separately and includes \$200 in Spartan Points plus an extra \$20 to be used at any of our dining locations on campus.

SPARTAN 400 FLEX

This plan can be added on to any meal plan or purchased separately and includes \$400 in Spartan Points plus an extra \$50 to be used at any of our dining locations on campus.