

# SWIMMING LESSONS

**JUNE 3-26, 2025**

**TUESDAYS AND THURSDAYS**



**Spartan Rec Center**  
Members \$40  
Non-Members \$80

**Parent and Child Aquatics to 3 years of age must have a Parent/Guardian in the water during the class time.**

Parent and Child Aquatics	4:30-5:00pm	6mo-3yrs
6 year olds	5:15-5:45pm	
7 year olds	6:00-6:30pm	

**For more info, visit**  
[uscupstate.edu/aquatics](https://uscupstate.edu/aquatics)

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**Aquatics Director**

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Red Cross Training**



**Rec Center**  
UNIVERSITY OF SOUTH CAROLINA UPSTATE

**Spartan Rec Center, 300 N. Campus Blvd., Spartanburg, SC 29303**