

Starting August 15th

Spartan Rec Center

Fall 2025 Building Hours

Monday-Friday: 7 AM - 8 PM

SATURDAY: 12 PM - 4 PM

SUNDAY: 4PM - 8 PM

Pool hours

Monday-Friday:

12 pm-2:30pm and 3:30pm- 7 pm

Saturday and Sunday: CLOSED

Thank you from your Campus Recreation staff.

Comments? Questions? Please contact us at
wellness@uscupstate.edu and 864 503 5080

University of South Carolina Upstate
Up is where we live.

If you are interested in hosting programs or events outside of regular operational hours, please contact Joshua Gordon, Campus Recreation Director.