

ANNA BODDICKER

annaboddicker@gmail.com | 513.919.3246 | Spartanburg, SC | [linkedin.com/in/anna-boddicker](https://www.linkedin.com/in/anna-boddicker)

Education

Doctorate in Athletic Training | *Graduated May 2020*

Indiana State University | Terre Haute, Indiana

CAATE accredited, distance-hybrid online program

Bachelor of Science in Athletic Training | *Graduated May 2018*

Ohio State University | Columbus, Ohio

CAATE accredited

Academic Appointments

Director of Field Experiences | University of South Carolina Upstate | *January 2026-Present*

Department of Human Performance and Health

- Establish and maintain relationships with community partners for students to complete field experiences and/or internships at their site.
- Complete Memorandum of Understanding documentation with community partners and the university.
- Review student applications for field experiences and internships.
- Create and lead orientation for students completing field experiences and internships in the upcoming semester, ensuring a focus on professional development and performance.
- Communicate with community partners and prospective field experience and internship students to align goals and increase the level of match between the students and sites.
- Oversee students at their sites, including communication with site supervisors and students, hour log tracking, conflict resolution, and site visits.

Assistant Professor of Athletic Training | Winthrop University | *August 2023-January 2026*

Department of Physical Education, Sport, and Human Performance

- Taught courses in the undergraduate Exercise Science and CAATE-accredited Master of Science in Athletic Training programs.
- Led the application process and organized the interview schedule for prospective students within the Master of Science in Athletic Training program.
- Created, trained, administered, and provided feedback for standardized patient encounters, including both evaluations and intervention plans.
- Mentored graduate students through an individual research project to be presented at the university level.
- Served as an advisor for students in the Exercise Science, Pre-Athletic Training major concentration.

- Administered care as the athletic trainer for dance, theatre, and recreational athletes who sustained musculoskeletal injuries.
- Ran marketing and social media posts for the Master of Science in Athletic Training program.

Assistant Professor of Athletic Training | Limestone University | *August 2021-July 2023*

Department of Nursing and Health Sciences

- Taught courses in the undergraduate Health Sciences and CAATE- accredited undergraduate Athletic Training program.
- Recruited for students through the means of social media, virtual open houses, and presentations. Led all social media recruitment on the Limestone University Master of Science in Athletic Training Instagram and Facebook pages.

Teaching Experience

University of South Carolina Upstate

Undergraduate

- Internship, Exercise and Sport Science (EXSC U480)
- Field Experience, Exercise and Sport Science (EXSC U390)
- Field Experience, Sport Management (SPRT U325)

Winthrop University

Undergraduate

- Foundations of Athletic Training (ATRN 251)
- Personal and Community Health (HLTH 300)
- Biomechanics and Kinesiology (EXSC 375)
- Biomechanics (EXSC 381)

Graduate

- Emergency Care in Athletic Training (ATRN 515)
- Professional Practice in Athletic Training I: Evidence Based Practice (ATRN 520)
- Professional Practice in Athletic Training II: Administration (ATRN 525)
- Professional Practice in Athletic Training III: Advanced Administration (ATRN 625)
- Therapeutic Interventions I: Modalities (ATRN 550)
- Therapeutic Interventions II: Rehabilitation (ATRN 650)
- Movement Analysis (ATRN 670)
- Board of Certification Exam Preparation I (ATRN 680)
- Board of Certification Exam Preparation II (ATRN 681)
- Research in Athletic Training (ATRN 690)

Limestone University

Undergraduate

- Fundamentals of Athletic Training (HS180)
- Personal and Community Health (KI201)
- Clinical Anatomy I (HS280)
- Clinical Anatomy II (HS281)
- Personal and Community Health (HLTH 300)
- Rehabilitation in Athletic Training (AT385)

New Course Development

Winthrop University

- Biomechanics and Kinesiology (EXSC 375)
- Emergency Care in Athletic Training (ATRN 515)
- Professional Practice in Athletic Training III: Advanced Administration (ATRN 625)
- Therapeutic Interventions II: Rehabilitation (ATRN 650)
- Movement Analysis (ATRN 670)
- Board of Certification Exam Preparation I (ATRN 680)
- Board of Certification Exam Preparation II (ATRN 681)
- Research in Athletic Training (ATRN 690)

Limestone University

- Clinical Anatomy I (HS280)
- Clinical Anatomy II (HS281)
- Therapeutic Interventions I: Lower Extremity (AT530)
- Therapeutic Interventions II: Head/Spine (AT531)
- Therapeutic Interventions III: Upper Extremity (AT532)
- Therapeutic Interventions IV (AT533)

Scholarship

Publications

- **Grimes Boddicker AM**, Dettl-Rivera MG, Neil ER. Current Practices of Preceptor Training and Development. *(Study Ongoing)*
- Holter C, Snelson S, **Grimes Boddicker AM**. Current Practices in Post-Operative ACL Rehabilitation. *(In Preparation)*
- Rivera MJ, Gleason C, **Grimes Boddicker AM**, Gonser S, Eberman LE. Progressive Autonomy in Athletic Training Education Part 1: Preceptor Training Module Validation. *(Submitted)*
- Rivera MJ, Gonser S, **Grimes Boddicker AM**, Gleason C, Eberman LE. Progressive Autonomy in Athletic Training Education Part 2: Content Validation of Assessment Tools. *(Submitted)*
- **Grimes AM**, Neil ER, Eldred CM, Walker SE, Dougal ZJ, Eberman LE. Athletic Training Students' Perceptions of the Immersive Clinical Experience and its Influence on their Development. *Athl Train Educ J*. 2021;16(1):32-41.
- Eldred CM, Neil ER, Dougal ZJ, Walker SE, **Grimes AM**, Eberman LE. Preceptor Perceptions of the Immersive Clinical Experience in Athletic Training Education. *Athl Train Educ J*. 2021;16(1):42-52.

Presentations

- Burles C, **Grimes Boddicker AM**. Spondylolysis & Spondylolithesis in Gymnasts. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- Fields T, **Grimes Boddicker AM**. The Effects of Visualization on Athletes. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.

- Fierro B, **Grimes Boddicker AM**. Understanding and Managing Patellar Tendinopathy. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- Holter C, **Grimes Boddicker AM**. Current Practices in Post-Operative ACL Rehabilitation. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- Matsil M, **Grimes Boddicker AM**. The Impact of Sport Performance Anxiety in NCAA Athletes. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- Plummer-Fox T, **Grimes Boddicker AM**. Athletic Trainers vs Evidence Based Practice: Ankle Rehabilitation Related to Foot Shape. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- Thompson J, **Grimes Boddicker AM**. Mind Over Matter: Coping Strategies Used by Athletes and Non-Athletes. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- Walden SE, **Grimes Boddicker AM**. Chronic Ankle Instability in Dancers. *Winthrop University Graduate Research Symposium*. April 2026. Rock Hill, SC.
- **Grimes Boddicker AM**. Difficult Conversations. *South Carolina Athletic Trainers' Association Annual Symposium*. July 2025. Columbia, SC.
- **Grimes Boddicker AM**. Progressive Collaboration Activity Use in Therapeutic Intervention Courses. *Virtual Athletic Trainers' Education Conference*. October 2024. Virtual.
- **Grimes Boddicker AM**, Weber S, Williams A, Fulbright V. Interprofessional Education in Immersive Clinical Experiences. *Sigma Theta Tau International Honor Society 33rd Research Congress*. July 2022. Edinburgh, Scotland.
- **Grimes Boddicker AM**. Panelist: Patient-Reported Outcome Measures. *South Carolina Athletic Trainers' Association Annual Symposium*. July 2022. Columbia, SC.

Service

Professional

- Advisory Council, Master of Science in Athletic Training Program – Winthrop University (2026-present)
- Committee Chair, Public Relations Committee – South Carolina Athletic Trainers' Association (2023-2025)

University

University of South Carolina Upstate

- Committee Member, Assessment and Accreditation (2026-present)
- Committee Member, Diversity, Equity, and Inclusion (2026-present)
- Internal Program Review, Exercise and Sport Science (Spring 2026)

Winthrop University

- Council Member, University Graduate Council (2025-2026)
- Committee Member, University Institutional Animal Care and Use (2025-2026)
- Committee Member, College of Education, Sport, and Human Sciences Curriculum Committee (2024-2026)
- Committee Member, College of Education, Sport, and Human Sciences Social Committee (2023-2026)
- Organizer, Interprofessional Education Annual Event (2024-2026)

Limestone University

- Co-Organizer, CAATE-Accreditation Substantive Change Review (2021-2023)
- Committee Member, Interprofessional Education Committee (2021-2023)

- Director, Women in Technology and Science Conference (2023)
- Co-Organizer, Rural Healthcare Summit (2023)
- Faculty Advisor, Saint's Athletic Training Association (2021-2023)

Clinical Work Experience

Certified Athletic Trainer, PRN | Progressive Mobility | *December 2024-Present*

Certified Athletic Trainer | Winthrop University Dance and Theatre | *August 2023-January 2026*

Certified Athletic Trainer | Aligned Modern Health | *August 2020-July 2021*

Graduate Assistant Athletic Trainer | Indiana State University | *August 2018-February 2020*

Certifications and Memberships

- Board of Certification – *2028-Present, 2000030940*
- South Carolina License – *2024-Present, 1881*
- National Provider Identifier – *1962866863*
- NATA, MAATA, SCATA – *Member, 2016-Present*
- American Red Cross, BLS for Healthcare Professionals/First Aid/AED – *Certified, 2015-Present*